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**NEWBORN & FAMILY CARE  
OF NEW ENGLAND, LLC**

*A specialized placement agency for  
maternal, infant and family care.*

Licensed by the State of Massachusetts, Newborn & Family Care of New England carefully matches your provider to the needs of your family. We have providers with experience in caring for new families, families with multiples as well as families with older siblings. Each member of our staff has passed a rigorous background check including CORI and brings with her superior references.

Our agency manages all invoicing and payroll for you and your provider including all state and federal withholding and workers compensation requirements.

For an appointment to learn more about our company and the benefits we can provide for your family, please call.

**1-800-479-4989**  
**Kathy@newbornfamilycare.com**

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Kathy Mehler, President of Newborn & Family Care of New England, is a trained postpartum doula and a member of DONA International. With over 20 years of experience providing newborn and family care services, Kathy is a mother of 3 and grandmother of 3. She has also been a foster mother for Boston Children's Services.

Doula -- from the Greek word meaning "a woman of service"

**NEWBORN & FAMILY CARE  
OF NEW ENGLAND, LLC**  
*Specialized placement agency*

Professional & sensitive support for  
the new mom, her partner & newborn

- Daytime • 24 Hour Care
- Overnight • Vacation & Travel

**1-800-479-4989**

www.newbornfamilycare.com  
e-mail: kathy@newbornfamilycare.com



- **For You**
- **Your Baby**
- **Your Family**

*The comfort of sensitive,  
respectful and  
nurturing support.*



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## Thinking about baby...



The birth of a baby is a miraculous life event. And you are about to encounter it! It is a wonderful time – and one filled with emotion and responsibility. As you prepare, you may want to consider some support for you, your infant and your family. Newborn & Family Care of New England is here to help.

**A birth doula** is a person trained and experienced in childbirth who provides continuous physical, emotional and informational support to the mother and her partner before, during, and just after childbirth.

**A postpartum doula** guides and supports parents in the care of their infant(s) and themselves.

First time parents can be empowered by a doula's presence and growing families can be helped and encouraged through this special time as well.

## NEWBORN & FAMILY CARE OF NEW ENGLAND, LLC

Newborn & Family Care of New England was founded in 1983 by Barbara Feldman of Needham, MA. For over 25 years, her staff of trained caregivers has been taking care of new moms, infants, multiples and their families. Now owned and managed by Kathy Mehler of Franklin, the service has grown to include birth doulas, postpartum doulas and other special services to help new families.

### Our services include:

- Birth doula
- Postpartum doula
  - Daytimes
  - Overnights
  - 24-hour Caregivers
- Lactation consulting
- Massage therapy
- Family vacation and travel assistance



Sometimes a few hours or a few days are enough – and Newborn & Family Care of New England's staff members are available to be as flexible as you need us to be.

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**Kathy@newbornfamilycare.com**

## After the arrival...

With everyone back at home, a postpartum doula will provide specific services to help the entire family:

- provide hands on education on newborn & maternal care.
- help with breastfeeding, bottle feeding & postpartum concerns.
- create a nurturing, restful environment for the family.
- help organize the nursery & home.
- help introduce and integrate the new baby into the family.
- support healthy sleep patterns
- prepare nourishing meals.
- offer a non-judgemental ear.

